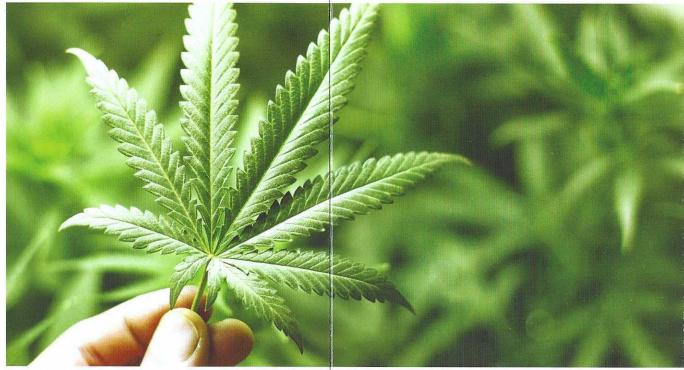
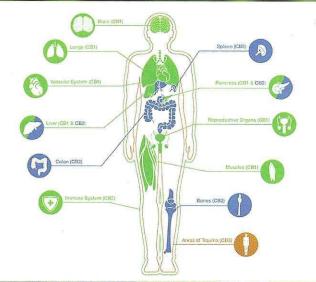
## What is CBD?

Cannabidiol (CBD) is just one of over 113 cannabinoids that is identified in the cannabis plant.



## **BENEFITS OF CBD**

- Helps maintain healthy blood sugar regulation
- · Supports optimal cardiovascular function
- · Helps support cartilage and joint function
- · Helps maintain healthy weight long term
- · Helps maintain healthy skin
- · Supports optimal immune function
- Promotes healthy respiratory and lung function
- · Supports healthy energy levels
- · Promotes sound sleep
- · Supports optimal digestive function
- · Helps maintain healthy cholesterol levels
- · Antioxidants help neutralize free radicals
- · Promotes optimal cellular health and function





## **How Does it Work?**

Years ago, just like fruits and vegetables, hemp was a staple in the healthy human diet. Many people today suffer with Fibromyalgia, Irritable Bowel Syndrome (IBS), Migraines, Multiple Sclerosis, Neuropathy, Post-Traumatic Stress Disorder (PTSD), Parkinson's, Autism, and even motion sickness. Scientists believe that these ailments, and more, may be caused by "Clinical Endocannabinoid Deficiency."Today, most of our bodies are lacking the cannabinoids we need to function properly in full health and wellness. Lucky for us, we finally have an answer that could in fact change our entire quality of life!

## **Endocannabinoid System (ECS)**

Did you know our bodies naturally producecannabinoids? That's right! Which means that your body is already equipped with an Endocannabinoid System (ECS). The ECS is responsible for modulating our body's immune system, inflammation, pain, and things that affect our daily life, like sleep appetite and mood. CBD activates the CB1 and CB2 receptors throughout the body to bring nutrition to the Endocannabinoid System.